

EXPERIMENT 1

Effectiveness of Hand Washing

Unlike the sterile human skin found *in utero*, adult human skin is colonized by about one trillion (10^{12}) bacteria, which constitute the normal residential and transient flora of the skin. The necessity for surgical washing of hands was introduced in the mid-nineteenth century, in Vienna, by Ignatz Semmelweis. Semmelweis showed that hand washing prior to delivery decreased the incidence of puerperal fever (child birth fever) resulting in maternal mortality. Routine surgical scrubbing by surgeons is an essential practice for all surgical procedures in modern medicine.

Although the skin is never completely sterilized, the residential and transient flora can be significantly reduced by prolonged hand washing with soap and hot water.

Materials

Media

	Per Lab Group	Per Class
Nutrient agar plates	4	

Equipment

	Per Lab Group	Per Class
Liquid antibacterial soap	1	
Sterile cotton swabs	8	
Sterile saline tubes	2	
Bunsen burner	1	
Glass marking pencil	1	
Surgical hand brush	1	
Stop watch	1	
Quebec colony counter	1	

Procedural Points to Emphasize

Since this is the first laboratory experiment for beginning students, the following points should be thoroughly explained and/or demonstrated by the lab instructor.

1. The role of the student washer and student assistant.
2. Since students have not yet learned aseptic techniques, the instructor should demonstrate to the class the method used to inoculate sterile agar plates with sterile cotton swabs.

3. The proper technique for opening and closing of sterile agar Petri dishes.
4. Streaking the agar surface of the plates without gouging the surface.
5. Proper opening and closing of saline tubes after passing the lips of the tube through the Bunsen burner flame.
6. Dividing agar plates into halves using the glass marking pencil.
7. Proper method for incubating inoculated agar plates.
8. Use of the Quebec colony counter.

Tip

This being the first laboratory session for students, the instructor should circulate through the laboratory and assist students who are having problems with dexterity and manipulation of equipment.

Additional Reading

- Katz J. D. (2004). Hand washing and hand disinfection: More than your mother taught you. *Anesthesiology Clinics of North America*, 22(3):457–71.

Answers to Review Questions

1. The oil layer, dead cells, and organisms trapped in hair follicles prevent the removal of all microorganisms from the skin with water alone. Soap helps to remove the oil and soap

plus vigorous scrubbing will maximize the removal of most bacteria from the skin.

2. The flora of the skin (transient and residential) is usually nonpathogenic and may benefit the host by preventing transient pathogens from colonizing the skin surface. This is done by competition for nutrients, secretion of chemical substances, and by stimulation of the body's immune system. On the other hand, the residential flora is capable of causing skin diseases when they are able to enter the blood, especially in immunosuppressed people.
3. The residential and transient microorganisms of the skin respond differently to hand washing. Transient flora are susceptible to antiseptics and are easily removed with hand washing. Residential organisms are more difficult to detach from the skin because of a layer of oil and entrapment in the hair follicles and dead skin cells that obstruct their removal by simple hand washing and require vigorous hand scrubbing with soap and water.
4. Surgical gloves play a significant role in preventing cross-contamination of both the surgeon and patient. Surgeons wear gloves because it is impossible to remove all of the organisms from the skin even with the most vigorous hand washing. However, surgical gloves are not a substitute for hand washing. Tiny holes in the surgeons' gloves are not uncommon and can occur during the handling of instruments, from pieces of cut bone or bone fragments, and during extended surgical procedures. Tears in gloves may also occur if fingernails, natural or artificial, are too long.

EXPERIMENT 2

Culture Transfer Techniques

Aseptic technique forms the basis for the successful manipulation of organisms in the microbiological laboratory. The development of proper aseptic transfer methods can be acquired only through the repetitive performance of this task until the steps involved become second nature to the student. To accomplish this end, it is advisable to allow students to practice this technique using cultures and sterile media in various forms, e.g., agar slants, agar deeps, and broths. The necessary manual dexterity required for the handling of culture tubes and closures while flaming inoculating instruments will be acquired through repetition.

Materials

Cultures

- 24-hour nutrient broth culture of *S. marcescens*
- 24-hour nutrient agar slant culture of *S. marcescens*

Media

	Per Lab Group	Per Class
Nutrient broth tube	1	
Nutrient agar slant tube	1	
Nutrient agar deep tube	1	

Equipment

	Per Lab Group	Per Class
Bunsen burner	1	
Inoculating loop/needle	1	
Glassware marking pencil	1	

Procedural Points to Emphasize

1. Beginning students in microbiology have difficulty appreciating the diminutive size of microorganisms. Thus, they have the tendency to procure excessive amounts of inoculum for transfer. It should be stressed that the inoculating instrument needs only to touch the growth, not to be dragged over the agar, to obtain a sufficient number of cells for the transfer. When broth cultures are used, the organisms must be suspended by vigorous tapping of the bottom of the tube. A single loopful will suffice for use as the inoculum.
2. It should be stressed that the transfer procedure should be performed as rapidly as possible. However, to ensure that viable cells are obtained from the stock culture, the hot loop or needle must be cooled by tapping it against the inner surface of the culture tube before securing the inoculum.
3. The students should be reminded that the entire inoculating wire must be flamed until it turns red.

Tip

Considering students are novices and lack the necessary manual dexterity at this point, it is wise for the instructor to circulate through the laboratory and assist students who are unable to manipulate the uncapping and recapping of culture tubes while holding the transfer instrument.

Additional Reading

- Lypson, M. L., Hamstra, S. J., Ross, P. T., Gruppen, L. D., & Colletti, L. M. (2010). An assessment tool for aseptic technique in resident physicians: A journey towards validation in the real world of limited supervision. *The Journal of Graduate Medical Education*, 2(1):85–9.

Answers to Review Questions

1. a. The inoculating instrument is flamed prior to inoculation to prevent contamination of the stock cultures. Flaming after inoculation prevents contamination of the laboratory table when the instrument is returned to the table.
b. The test tube closures are held in the manner prescribed to maintain their sterility. Once removed, they must be kept between the fingers of the hand and never placed on the laboratory tabletop.
c. Insertion of a hot needle directly into or onto the culture medium must not be done, as this will kill the cells.
d. Flaming the neck of the test tube is a precaution intended to kill any organisms that might be present on the neck of the tube or the inner surface of the closure if the aseptic procedure has been compromised.

2. The purposes of the subculturing procedure are intended to establish a routine method for the transfer from one medium to another for the preparation and maintenance of stock cultures and to provide media for the performance of microbiological test procedures.
3. A straight inoculating needle is used to inoculate an agar deep tube in order to maintain the redox potential of the medium.
4. The absence of pigmentation on some *S. marcescens* colonies is not necessarily indicative of contamination. This organism is capable of producing variants that may not produce any pigment. Thus, some colonies are red, while others are colorless. Also, the rate of pigment production may vary within one culture, producing a mixture of pigmented and nonpigmented colonies.
5. To determine the presence of contamination in the *S. marcescens* culture, make Gram-stained preparations of both a colony suspected of contamination and a pigmented colony. Streak-plate preparations of both colonies may also be helpful for a comparison of cultural characteristics.

EXPERIMENT 3

Techniques for Isolation of Pure Cultures

The purposes of this experiment are to instruct students in the preparation of pure cultures from a mixed microbial population and to compare the cultural characteristics of the resultant agar plate and agar slant cultures. Toward this end, students are first introduced to two methods that are used to separate microorganisms, namely the streak-plate and spread-plate techniques. The ensuing transfer of isolated colonies onto agar slants will also enhance the students' ability to use aseptic techniques (Figures 3.1, 3.2, and 3.3).

Materials

Cultures

PART A

24- to 48-hour nutrient broth cultures of:

- 1:3 *S. marcescens*/*M. luteus* mixture
- 1:10 *E. coli*/*M. luteus* mixture
- Environmental culture obtained by students

PART B

24- to 48-hour streak-plate and/or spread-plate cultures of:

- 1:3 *S. marcescens*/*M. luteus* mixture
- 1:10 *E. coli*/*M. luteus* mixture
- Environmental culture from Part A

Media

PART A	Per Lab Group	Per Class
Trypticase [®] soy agar plates	3	

PART B	Per Lab Group	Per Class
Trypticase soy agar slants	4	

Equipment

	Per Lab Group	Per Class
Bunsen burner	1	
Inoculating loop/needle	1	
500-ml beaker of 95% ethyl alcohol	1	
Turntable	1	
L-shaped bent glass rod	1	
1-ml tube of sterile water	1	
Cotton swabs	as needed	
Test tube rack	1	

Procedural Points to Emphasize

1. Students should be made aware that the streak-plate technique is the most frequently used procedure for the separation of organisms from a mixed culture, whereas spread-plate preparations are used preferentially for the quantitation of cell populations.
2. Students should be apprised of the following when performing the streak-plate procedure:
 - a. Petri dish covers should never be completely removed; this will avoid exposing the medium and the cover to exogenous contamination. The cover should be raised and held at the smallest angle that is sufficient for the introduction of the inoculating wire, and it should be done only for as long as it takes to inoculate each designated area of the plate.
 - b. It is essential that the inoculating instrument be flamed and cooled prior to the inoculation of each area of the plate.
 - c. Once the inoculum is obtained from the previously streaked area, the loop or needle should not be passed over that area again during the streaking process.
3. As this is the first time students are performing plate inoculations, they should be reminded of the fact that agar plate cultures are always incubated in an inverted position.
4. Spread-Plate Technique: Using a “lazy-Susan” Petri dish turntable (Figure 3.3 or Figure 55.2) and a sterile bent glass rod, a drop of mixed culture is placed on the surface of the agar and is spread by spinning the turntable and moving the glass rod back and forth over the agar surface. In this way, the culture is distributed evenly and should produce distinct discrete colonies.

Optional Procedural Additions or Modifications

Because of the time constraints in the laboratory, an expanded examination of cultural characteristics, as presented in Experiment 4, is frequently

omitted. In order to gain an awareness of differences in cultural characteristics, it is suggested that students observe their culture preparations from Experiment 3 to note these variations.

Additional Readings

- Glasson, J. H., Guthrie, L. H., Nielsen, D. J., & Bethell, F. A. (2008). Evaluation of an automated instrument for inoculating and spreading samples onto agar plates. *Journal of Clinical Microbiology*, 46(4):1281–4.
- Gröbner, S., Beck, J., Schaller, M., Autenrieth, I. B., & Schulte, B. (2012). Characterization of an *Enterococcus faecium* small-colony variant isolated from blood culture. *International Journal of Medical Microbiology*, 302(1):40–4.

Answers to Review Questions

1. A pure culture can be obtained from a mixed culture only by first performing a streak-plate or spread-plate inoculation for the separation of the organisms into discrete colonies.
2. If Quadrant 4 of a streak-plate inoculation contains more growth than Quadrant 3, either the inoculating wire was repeatedly dragged through Quadrant 3 or, more likely, it entered Quadrant 1 during its inoculation.
3. The inoculating needle is the instrument of choice to isolate individual discrete colonies because it is thin enough to touch the center of the colony.

The center of the colony is the best area for isolation and transfer to an agar slant as a subculture. An inoculating loop is too imprecise and therefore unsatisfactory.
4. The purity of a chosen colony may be determined by the following:
 - a. Subculturing the isolate in a broth medium or on an agar slant medium
 - b. Gram staining the subculture following incubation to verify its purity

EXPERIMENT 4

Cultural Characteristics of Microorganisms

Cultural characteristics are determined genetically for each particular organism. As such, these characteristics remain constant and are reproducible. This property of colonial constancy is important because it allows the microbiologist to use these macroscopic growth patterns as an aid in the identification of various microbial species. A standard descriptive vocabulary has been developed to describe the cultural and colonial appearance of microorganisms grown in artificial culture media. This vocabulary is used in a source such as *Bergey's Manual of Systematic Bacteriology*.

Materials

Cultures

24-hour nutrient broth cultures of:

- *P. aeruginosa*
- *B. cereus*
- *M. luteus*
- *E. coli*

72- to 96-hour Trypticase soy broth culture of *M. smegmatis*.

Media

	Per Lab Group	Per Class
Nutrient agar plates	5	
Nutrient agar slants	5	
Nutrient gelatin tubes	5	

Equipment

	Per Lab Group	Per Class
Bunsen burner	1	
Inoculating loop	1	
Inoculating needle	1	
Glassware marking pencil	1	
Crushed ice	as needed	

Organisms are prepared in bulk (inoculated into 500 ml of broth) and then dispensed in 10-ml aliquots in sterile 16 × 100-mm test tubes.

Procedural Points to Emphasize

1. A single cell dividing by binary fission on agar divides thousands of times, producing a single round colony. Its appearance is determined by fundamental characteristics, such as pigment production, type of cell wall, presence or absence of a capsule, and motility.
2. These characteristics are under genetic control; however, the cell's macroscopic expression may be tempered by environmental conditions, such as temperature, nutrients, and pH.
3. Because of environmental conditions, growth patterns may not always coincide exactly with those illustrated in the figures in the manual.

Tip

- Gelatin cultures: For the rapid resolidification of liquefied gelatin, cultures should be refrigerated for about 30 minutes. This process can be expedited by placing liquefied tubes in a beaker of crushed ice for a few minutes to determine if gelatin remains liquefied.

Additional Reading

- Sutula, J., Coulthwaite, L., & Verran, J. (2012). Culture media for differential isolation of *Lactobacillus casei* Shirota from oral samples. *Journal of Microbiological Methods*, [Epub ahead of print] PubMed PMID: 22484087.

EXPERIMENT 5

Microscopic Examination of Stained Cell Preparations

The compound microscope is an indispensable tool in the study of microbiology. Instructors may find that some of their students' past experience with microscopy has been limited to use of the low- and high-power objectives, which provide only sufficient magnification for viewing eukaryotic cells. However, the visualization of microorganisms, particularly prokaryotes, requires that the students become adept in the use of the oil-immersion objective.

Materials

Slides

Stained slides of selected microorganisms, prepared by the instructor, may be substituted for the commercial slide preparations. Following their use, the immersion oil can be removed from the slides with the application of xylol and gentle blotting with lens paper.

Cultures

- *S. aureus*
- *B. subtilis*
- *A. itersonii*
- *S. cerevisiae*
- Human blood smear

Equipment

	Per Lab Group	Per Class
Compound microscope	1	
Lens paper	as needed	
Immersion oil	as needed	
Xylol	as needed	

Procedural Points to Emphasize

1. Students should be made aware of the fact that the microscope is an expensive piece of equipment, and therefore, proper care is required at all times. To prevent damage to the microscope, it is important to emphasize the proper means of transporting it to and from the laboratory bench. Also, to maintain the instrument in proper working condition, students must check the objective lenses for the presence of residual oil at the start and end of

each laboratory session. Oil is removed with lens paper; the lenses are then cleaned with Windex® and wiped with dry lens paper. Xylol is never to be used by students for the removal of oil from the lens system of the microscope.

2. In addition to the instructions in the manual for the proper use of the oil-immersion objective, the following are some suggestions that may be helpful to facilitate student use of this objective.
 - a. Following the addition of the immersion oil to the slide or its coverslip, rotate the nose-piece to the oil objective in the direction that does not bring the high-power objective into contact with the immersion oil.
 - b. Viewing specimens under oil immersion requires more light than under the lower-power objectives. To ensure proper light transmission through the specimen, the condenser must be fully raised to the fixed platform, and the iris diaphragm must be adjusted. Students should also be made aware of the fact that differences in specimen density will require the readjustment of the iris diaphragm with each slide preparation.
 - c. Because microscopes are parfocal, when focusing under the oil-immersion objective, the coarse adjustment is never used. The fine-adjustment knob is turned slowly in both directions until the specimen is in sharp focus.

Additional Reading

- Santos, M. J., Cavaleiro, F., Campos, P., Sousa, A., Teixeira, F., & Martins, M. (2010). Impact of amoeba and scuticociliatidia infections on the aquaculture European sea bass (*Dicentrarchus labrax* L.) in Portugal. *Veterinary Parasitology*, 171(1–2):15–21.

Answers to Review Questions

1. The body tube of a microscope is never lowered while looking through the ocular lens to ensure that the objective lens and the slide are not damaged by the forceful contact between the two.
2.
 - a. The iris diaphragm adjusts the amount of light coming through the specimen.
 - b. The coarse adjustment is used to bring the specimen into view.
 - c. The fine adjustment brings the specimen into sharp focus.
 - d. The condenser directs the light from the light source into the lens system.
 - e. The mechanical stage controls the position of the specimen over the central opening in the stage.
3.
 - a. Inability to bring the specimen into sharp focus may be caused by an insufficient or an excessive amount of oil on the slide or failure to position the fine adjustment at the midpoint of its range prior to focusing with the coarse-adjustment knob. Repeat the procedure for focusing under oil immersion with special attention to the instructions above.
 - b. Insufficient light may be corrected by raising the Abbé condenser completely and adjusting the iris diaphragm.
 - c. Accumulation of dust particles and debris on the ocular lens or the prepared slide is a frequent cause of the appearance of artifacts in the microscopic field. Clean both with lens paper and Windex.

EXPERIMENT 6

Microscopic Examination of Living Microorganisms Using a Hanging-Drop Preparation or a Wet Mount

Visualization of the single-celled bacteria in the unstained state is a challenging experience for beginning students of microbiology. To lower the frustration level of students, the instructor should apprise them of the fact that differentiating living bacteria from microscopic debris is an arduous task.

Materials

Cultures

24-hour nutrient broth cultures of:

- *P. aeruginosa*
- *S. aureus*
- *B. cereus*
- *P. vulgaris*
- Hay infusion* or pond water (optional)

*See Appendix 3 for preparation of hay infusion broth.

Equipment

	Per Lab Group	Per Class
Compound microscope	1	
Bunsen burner	1	
Inoculating loop	1	
Depression slides	4–6	
Glass microscope slides	4–6	
Coverslips	4–6	
Petroleum jelly	as needed	
Cotton swabs	as needed	
Eyedropper	1	

Procedural Points to Emphasize

1. It may be helpful to the students for the instructor to prepare a demonstration to clarify the distinction between Brownian movement and bacterial motility.
2. As this may be the first time that students are required to transfer microorganisms from sterile cultures, it is important to stress the principles of aseptic transfer techniques. Review the steps as outlined in Experiment 2.
3. This is a good opportunity to instruct the students in the proper procedures for the disposal of contaminated materials and equipment. The immersion of the hanging-drop slides into a container of disinfectant is recommended.

Additional Reading

- Minion, J., Pai, M., Ramsay, A., Menzies, D., & Greenaway, C. (2011). Comparison of LED and conventional fluorescence microscopy for detection of acid fast bacilli in a low-incidence setting. *PLoS One*, 6(7):e22495.

Answers to Review Questions

1. Bacteria are more difficult to observe in an unstained state because of their small size, the movement of cells caused by Brownian

movement or motility, and their refractive index, which is similar to that of water.

2. Living microbial preparations are done to detect physiologic processes, such as motility and binary fission, and to observe their natural size and shape. Stained smears, on the other hand, distort the size, shape, and arrangement and allow you to view only dead organisms; thus, it is not possible to see motility.
3. True motility is a directional movement, while with Brownian movement, the microorganisms vibrate at a constant rate without progressing in any particular direction.
4. True motility and uniformity in the shape of the particles can be used as criteria for differentiation of living organisms from debris. The distinction between viable and nonviable particles may not always be accurate, particularly when viewing the smaller life forms. Similarities between refractive indices, size, shape, and their movement may preclude distinction between the particles.

EXPERIMENT 7

The Microscopic Measurement of Microorganisms

The microorganisms used in this experiment have been selected to illustrate the size variations that exist in the microbial population. The approximate size of the protozoans is 1.0 mm, which is about 100 times larger than red blood cells. The eukaryotic yeast cells are slightly smaller than red blood cells, measuring about 90 μm . The prokaryotic bacterial cells are almost one-tenth the size of the erythrocytes. The above spectrum of cell types may be viewed with the light microscope. Viruses, subcellular particles, are measured in nanometers and can be seen only by means of an electron microscope.

Materials

Slides

One of each prepared slide per lab group:

- Yeast cells
- Protozoa
- Bacterial cocci
- Bacterial bacilli

Equipment

	Per Lab Group	Per Class
Ocular micrometer	1	
Stage micrometer	1	
Compound microscope	1	
Immersion oil and lens paper	as needed	

Procedural Point to Emphasize

The instructor should indicate that the critical step in this procedure is the alignment of the stage and ocular micrometers so that the lines on both coincide. A demonstration and individual assistance may be required.

Additional Reading

- Cheadle, M. A., Dame, J. B., & Greiner, E. C. (2001). Sporocyst size of isolates of *Sarcocystis* shed by the Virginia opossum (*Didelphis virginiana*). *Veterinary Parasitology*, 95(2–4): 305–11.

Answers to Review Questions

1. The same calibration factor cannot be used to determine the size of an organism under all objectives. The stage micrometer is calibrated only for use with the oil-immersion objective.
2. If a stage micrometer division contains 12 ocular divisions, the distance between two lines on the ocular micrometer is 0.833 μm .

Calculation:

$$0.01/12 = 0.000833 \text{ mm or } 0.833 \mu\text{m}$$

3. The size of a bacterium that measures 3 μm $\times$ 1.5 μm is 1.18×10^{-4} inch by 5.9×10^{-5} inch.

EXPERIMENTS 8 AND 9

Preparation of Bacterial Smears

Simple Staining

These initial staining exercises are designed to instruct students in the proper technique for the preparation of a bacterial smear, which is the prerequisite for all staining procedures. In addition, the microscopic observation of the stained smears is intended to familiarize students with cellular morphology—the size, shape, and arrangement of bacteria. The performance of these experiments will also reinforce the use of the oil-immersion lens.

Materials

Both broth and agar slant cultures of the selected organisms should be available in order for students to gain experience in performing aseptic transfers and bacterial smear preparations from both types of cultures.

Preparation of Bacterial Smears

Cultures

24-hour cultures of:

- Nutrient agar slant of *B. cereus*
- Nutrient agar broth of *S. aureus*

Equipment

	Per Lab Group	Per Class
Glass microscope slides	7	
Bunsen burner	1	
Inoculating loop	1	
Inoculating needle	1	
Glassware marking pencil	1	

Simple Staining

Cultures

24-hour cultures of:

- Nutrient agar slant of *B. cereus*
- Nutrient agar slant of *E. coli*
- Nutrient broth of *S. aureus*

Reagents

- Methylene blue
- Crystal violet
- Carbol fuchsin

Equipment

	Per Lab Group	Per Class
Microscope	1	
Glass microscope slides	3	
Bibulous paper	as needed	
Staining tray/rack	1	
Bunsen burner	1	
Inoculating needle	1	
Glassware marking pencil	1	

Procedural Points to Emphasize

1. As the students are still novices in aseptic transfer techniques, a review of this procedure is recommended.
2. Students should be cautioned to clean slides well. A dirty or greasy slide will produce a poor smear preparation because grease may prevent the smear from adhering to the glass. Likewise, grease may cause the suspension to coalesce and not spread evenly on the slide. Dust particles on a slide might easily be mistaken for microorganisms.
3. Students tend to use too much inoculum when preparing their bacterial smears from agar slant cultures. It should be stressed that a sufficient number of organisms will be obtained by touching the surface of the culture with a loop or needle without digging into the agar. It should also be mentioned that broth cultures

should be gently mixed to suspend the microorganisms that may have settled in the bottom of the tube prior to the transfer of the loopful of inoculum to the slide.

4. When heat fixing a smear, students should be instructed to pass the slide through the outer portion of the flame to prevent overheating the smear. Excess heat can distort the morphology through plasmolysis of the cell wall.
5. In performing the staining procedure, students are frequently afraid to sufficiently wash their slides following the application of each staining reagent. It should be emphasized that if the smear is heat fixed properly prior to the start of the staining procedure, then this fear is unfounded. Furthermore, they should be instructed to wash both sides of the slide under running water to remove all residual stain, as it may interfere with the microscopic recognition of the microorganisms.

Tips

- Agar cultures are used in this experiment to help the student prepare smears of the correct thickness. A good smear should allow the student to read newsprint through the smear. Broth cultures, on the other hand, allow the student to view the morphological characteristics on the smear because the cells are widely separated and do not clump on the smear.
- These slides could be saved and used in Experiment 9. Finished slides can be wrapped in paper toweling and secured with a rubber band.

Additional Readings

- Weinstein, R. A., Bauer, F. W., Hoffman, R. D., Tyler, P. G., Anderson, R. L., & Stamm, W. E. (1975). Factitious meningitis. Diagnostic error due to nonviable bacteria in commercial lumbar puncture trays. *Journal of the American Medical Association*, 233(8):878–9.
- Youssef, D., Shams, W., Ganote, C. E., & Al-Abbadi, M. A. (2011). Negative image of blastomyces on diff-quick stain. *Acta Cytologica*, 55(4):377–81.

Answers to Review Questions

Preparation of Bacterial Smears

1. Thick smears do not allow sufficient light to pass through the preparation for good visualization of the organisms. Also, dense smears contain tightly packed and superimposed cells that do not lend themselves to accurate determination of cell shape and arrangement.
2. Air-drying prevents the cells from shrinkage and distortion, thereby protecting their size and shape, and allows for the visualization of the natural cellular morphology.
3. Excessive heating may distort the morphology, causing plasmolysis of the cell wall. On the other hand, an improperly heat-fixed smear could wash off the slide.
4. The presence of grease from fingers or any other exogenous source may interfere with the adherence of the culture to the slide and will result in the production of an unsatisfactory smear. The presence of dirt or dust on the glass surface will produce artifacts in the stained smear and serve as a source of confusion for the student viewing the organisms in the stained smear.

Simple Staining

1. Basic dyes are used preferentially for bacterial staining because the chromogen is cationic and has an affinity for the negatively charged DNA. Also, the bacterial cell surface generally has a negative charge, which attracts the basic stain.
2. Simple staining procedures cannot be used for purposes other than the determination of cell morphology. The structural bacterial components are too small to be viewed with a simple light microscope.
3. Failure to heat fix the *E. coli* smear would result in the loss of the smear during the staining process. Heat is required to cause coagulation of bacterial proteins, which then adhere to the glass slide. The sparse number of remaining cells would not be readily discernible.
4. The coffee-discolored laboratory coat is not permanently stained, and the color will wash out. The reason for this is that the coffee is not a stain. It is only a chromogen and lacks the auxochrome component. Therefore, ionization cannot occur, and there will be no binding to the cloth fibers.

Negative Staining

Negative staining is presented as an alternative technique to the hanging-drop procedure for the observation of living cells. Because the smears are not heat fixed and the stain used does not penetrate into the cells, the organisms remain viable.

Materials

Cultures

24-hour nutrient agar slant cultures of:

- *M. luteus*
- *B. cereus*
- *A. itersonii*

Reagent

- Nigrosin stain

Equipment

	Per Lab Group	Per Class
Microscope	1	
Glass microscpe slides	6	
Lens paper	as needed	
Staining tray/rack	1	
Bunsen burner	1	
Inoculating loop	1	

Procedural Points to Emphasize

1. As bacterial smear preparations for negative staining differ to some extent from conventional staining procedures, students should be reminded not to heat fix the smear. Also it may be advisable to demonstrate the technique for spreading the smear with the aid of a second glass slide.
2. As the bacteria are not killed during the negative-staining procedure, students should be instructed in the importance of discarding the slides into a beaker containing disinfectant following their microscopic examination.

Optional Procedural Additions or Modifications

The experimental procedure may be modified to include the staining of an organism by both simple and negative staining to allow students to compare the observed results.

Tips

- The instructor should emphasize that these organisms are not heat fixed and thus are viable. Students should be given the option to use disposable gloves.
- Some labs reuse slides for negative staining. Only new and clean slides should be used in this experiment.

Additional Reading

- Baradkar, V., Mathur, M., De, A., Kumar, S., & Rathi, M. (2009). Prevalence and clinical presentation of Cryptococcal meningitis

among HIV seropositive patients. *Indian Journal of Sexually Transmitted Diseases*, 30(1):19–22.

Answers to Review Questions

1. Methylene blue as a basic, cationic dye cannot be used in negative staining. An acidic stain, such as nigrosin, is required so that it does not bind to the negatively charged cell surface.
2. Negative staining allows the visualization of living microbial cells that have not undergone distortion by heat fixation.
3. The nigrosin is an anionic acidic stain and does not have an affinity for the negatively charged cell surfaces. As such, the dye colors the background, and the cells remain unstained.

EXPERIMENT 11

Gram Stain

The Gram stain is one of the first procedures to be performed for the identification of microorganisms. As such, it is the “workhorse” for microbiologists in both academic and health-related fields. In the classroom setting, it serves as the prototype for a variety of other differential staining procedures.

Materials

Cultures

18- to 24-hour nutrient agar slant cultures of:

- *E. coli*
- *B. cereus*
- *S. aureus*

Reagents

- Crystal violet
- Gram’s iodine
- 95% ethyl alcohol
- Safranin

Equipment

	Per Lab Group	Per Class
Microscope	1	
Glass Microscope slides	4	
Staining tray	1	
Lens paper	as needed	
Bibulous paper as needed	as needed	
Bunsen burner	1	
Inoculating loop/needle	1	

Acid-Fast Stain

The acid-fast stain is a highly specialized diagnostic staining procedure that is used to identify members of the genus *Mycobacterium*. Its application in the clinical setting is for the diagnosis of tuberculosis and leprosy.

Materials

Cultures

- 72- to 96-hour Trypticase soy broth (TSB) culture of *M. smegmatis*
- 18- to 24-hour TSB culture of *S. aureus*

Reagents

- Carbol fuchsin
- Acid-alcohol (3% HCl plus 95% ethyl alcohol)
- Methylene blue

Equipment

	Per Lab Group	Per Class
Microscope	1	
Glass microscope slides	3	
Staining tray	1	
Hot plate	1	
Lens paper	as needed	
Bibulous paper	as needed	
Bunsen burner	1	
Inoculating loop	1	
250-ml beaker	1	

Procedural Points to Emphasize

1. Considering that mycobacteria have a tendency to clump, students should be instructed to vigorously spread the inoculum on the slide to separate the organisms.
2. When preparing the mixed-culture smear, students should be cautioned to use a more concentrated sample of *M. smegmatis* than *S. aureus*.
3. In order to obtain a satisfactory acid-fast reaction using the heat method, the following points should be stressed:
 - a. The carbol fuchsin-covered smear must be heated for the required period of time.
 - b. The carbol fuchsin must be maintained at a steaming rather than a boiling temperature to prevent rapid evaporation of the stain.
 - c. Additional applications of carbol fuchsin will be required during the heating process even though the slide is maintained at a steaming temperature.
 - d. Following the application of heat, the slide preparations must be allowed to cool prior to their vigorous washing with water to prevent breakage of the slides.

Tips

- The steps for decolorization should be reviewed so as not to overdecolorize the smear.
- Clothespins may be used as slide holders.
- Students should be reminded to blot the stained smear with bibulous paper but not to rub the bibulous paper over the wet slide.
- Three- to 4-day cultures of *M. smegmatis* are required to maximize the bacteria's growth. Specialized media, such as the Lowenstein-Jensen medium, may be used to culture *Mycobacterium* sp. If a broth medium is used, the addition of 0.4- to 1.0-percent Tween 80 per liter of medium will reduce the tendency of the mycobacteria to clump.

- If the heatless modification of the Ziehl-Neelsen method is used, add 2 drops of Triton X per 100 ml of carbol fuchsin.

Additional Reading

- Wilmer, A., Bryce, E., & Grant J. (2011). The role of the third acid-fast bacillus smear in tuberculosis screening for infection control purposes: A controversial topic revisited. *Canadian Journal of Infectious Diseases and Medical Microbiology*, 22(1):e1-3.

Answers to Review Questions

1. The application of heat or a surface-active agent is essential to soften the waxy cell wall components to facilitate the penetration of the primary stain into the cells.
2. Acid-alcohol is used preferentially over 95% ethyl alcohol to ensure that the primary stain is removed from the non-acid-fast organisms.
3. The acid-fast staining procedure is used for the diagnosis of leprosy and tuberculosis, both of which are caused by members of the genus *Mycobacterium*.
4. Application of heat or a surface-active agent is not required during the application of the counterstain. The acid-fast organisms, because of the waxy nature of their cell walls, are not decolorized, and the red stain remains trapped inside the cells. The non-acid-fast organisms lack the lipoidal cell wall components. Therefore, the primary stain is easily removed during decolorization, and the colorless cells are readily stained by the counterstain.
5. The presence of acid-fast bacilli in the gastric washing suggests that the tubercle bacilli, released from the lungs, were swallowed by the child rather than eliminated by coughing. This evidence is suggestive of a tuberculosis infection.

Differential Staining for Visualization of Bacterial Cell Structures

These differential staining procedures are used to demonstrate anatomical structures that may be present in bacteria, namely the endospore and the capsule. The procedures, although of academic interest, are not frequently performed.

Materials

Cultures

PART A: Spore Stain

48- to 72-hour nutrient agar slant culture of *B. cereus*

48- to 72-hour thioglycollate broth culture of *C. butyricum*

PART B: Capsule Stain

48-hour skim milk cultures of:

- A. viscolactis*
- L. mesenteroides*
- E. aerogenes*

Reagents

PART A: Spore Stain

- Malachite green
- Safranin

PART B: Capsule Stain

- 1% crystal violet
- 20% copper sulfate (CuSO₄•5 H₂O)

Equipment

	Per Lab Group	Per Class
Microscope	1	
Glass microscope slides	8	
Staining tray	1	
Bibulous paper	as needed	
Lens paper	as needed	
Hot plate	1	
Bunsen burner	1	
Inoculating loop	1	

EXPERIMENT 14

Nutritional Requirements: Media for the Routine Cultivation of Bacteria

The purpose of this experiment is twofold. First, it will evaluate synthetic (chemically defined) media, complex (chemically undefined) media, and enriched media for their ability to support microbial growth. Second, students will ascertain the degree of fastidiousness of selected microorganisms.

Materials

Cultures

Saline suspensions of 24-hour Trypticase soy broth cultures, with adjusted absorbances (A) to $A = 0.05$ at 600 nm:

- *E. coli*
- *A. faecalis*
- *S. mitis*

Media

Three test tubes (13 × 100 ml) of each:

- Inorganic synthetic broth
- Glucose salts broth
- Nutrient broth
- Yeast extract broth

Equipment

	Per Lab Group	Per Class
Bunsen burner	1	
1-ml serological pipettes	3	
Mechanical pipetting device	1	
Glassware marking pencil	1	
Test tube rack	1	
Spectrophotometer	1	

EXPERIMENT 15

Use of Differential, Selective, and Enriched Media

The purpose of this experiment is to demonstrate the functions of special-purpose media used for the isolation and the identification of specific groups of microorganisms. In the clinical laboratory, these media are frequently used to facilitate the rapid detection and isolation of possible pathogens from mixed microbial populations in biological specimens.

Materials

Cultures

24- to 48-hour Trypticase soy broth cultures of:

- *E. aerogenes*
- *E. coli*
- *Streptococcus* var. Lancefield Group E
- *S. mitis*
- *E. faecalis*
- *S. aureus*
- *S. epidermidis*
- *S. typhimurium*

Media

	Per Lab Group	Per Class
Mannitol salt agar plate	1	
Eosin-methylene blue agar plate	1	
Phenylethyl alcohol agar plate	1	
MacConkey agar plate	1	
Blood agar plate	1	
Crystal violet agar plate	1	
7.5% sodium chloride agar plate	1	

Equipment

	Per Lab Group	Per Class
Bunsen burner	1	
Inoculating loop	1	
Glassware marking pencil	1	

EXPERIMENTS 16, 17, AND 18

Physical Factors: Temperature

Physical Factors: pH of the Extracellular Environment

Physical Factors: Atmospheric Oxygen Requirements

These experiments are designed to demonstrate the microbial diversity as it relates to the specific environmental requirements essential to support microbial growth. This diversity is dependent upon the enzymatic capabilities of specific microorganisms.

Materials

Temperature

Cultures

24- to 48-hour nutrient broth cultures of:

- *E. coli*
- *B. stearothermophilus*
- *P. savastanoi*
- *S. marcescens*

24-hour Sabouraud broth culture of:

- *S. cerevisiae*

Media

	Per Lab Group	Per Class
Trypticase soy agar plates	4	
Sabouraud broth tubes with Durham tubes	4	

Equipment

	Per Lab Group	Per Class
Bunsen burner	1	
Inoculating loop	1	
4°C refrigerator	1	
37°C incubator	1	
60°C incubator	1	
Pasteur pipette	1	
Test tube rack	1	
Glassware marking pencil	1	

pH of the Extracellular Environment

Cultures

Saline suspension of 24-hour nutrient broth cultures with $A = 0.05$ at 600 nm:

- *A. faecalis*
- *E. coli*

Saline suspension of 24-hour Sabouraud broth with $A = 0.05$ at 600 nm:

- *S. cerevisiae*

Media

Trypticase soy broth tubes at each of the following pH designations* :

	Per Lab Group	Per Class
pH 3	3	
pH 6	3	
pH 7	3	
pH 9	3	

*The pH of the broth is adjusted with 1 N NaOH or 1 N HCL.

Equipment

	Per Lab Group	Per Class
Bunsen burner	1	
1-ml pipettes	3	
Mechanical pipetting device	1	
Test tube rack	1	
Glassware marking pencil	1	
Inoculating loop	1	
Spectrophotometer*	1	

* Bausch and Lomb, Spectronic 20

Atmospheric Oxygen

Cultures

24- to 48-hour nutrient broth cultures of:

- *S. aureus*
- *C. xerosis*
- *E. faecalis*

48- to 72-hour Sabouraud broth cultures of:

- *S. cerevisiae*
- *A. niger*

48-hour thioglycollate broth culture of:

- *C. sporogenes*

Media

	Per Lab Group	Per Class
Brain heart infusion agar deep tubes	6	

Equipment

	Per Lab Group	Per Class
Bunsen burner	1	
Waterbath	1	
Iced waterbath	1	
Thermometer	1	
Pasteur pipettes	6	
Test tube rack	1	
Glassware marking pencil	1	

EXPERIMENT 19

Techniques for the Cultivation of Anaerobic Microorganisms

The purpose of this experiment is to introduce students to the use of specialized techniques for the cultivation of anaerobic microorganisms. In clinical medicine, the use of anaerobic culture procedures has gained significance over the years. Currently, pseudomembranous enterocolitis may be caused by the anaerobe *Clostridium difficile* following certain types of antibiotic therapy.

Materials

Cultures

24- to 48-hour nutrient broth cultures of:

- *B. cereus*
- *E. coli*
- *M. luteus*

48-hour thioglycollate broth culture of:

- *C. sporogenes*

Media

	Per Lab Group	Per Class
Screw-cap tubes of thioglycollate medium	4	
Nutrient agar plates	4	

Equipment

	Per Lab Group	Per Class
GasPak [®] anaerobic system	1	
Test tube rack	1	
Inoculating loop/needle	1	
Glassware marking pencil	1	
Bunsen burner	1	

Procedural Points to Emphasize

1. Students should be provided with a thorough demonstration in the use of the GasPak system. Furthermore, they should be cautioned to strictly adhere to the steps as outlined under the procedure section of this exercise to ensure the development of anaerobiosis.
2. Students should be instructed to:
 - a. Handle the test tubes of thioglycollate carefully, with minimal agitation, to prevent the introduction of oxygen into the medium.
 - b. Introduce the inoculum into the bottom of the test tube.

3. Be sure that the caps of screw-cap tubes are fully tightened when tubes are incubated.
4. Slightly loosen screw-cap tubes incubated in the GasPak about a half of a turn to neutralize the oxygen inside the tubes by the generated hydrogen gas.
5. Be sure the lid of the jar is on correctly and sealed properly.

Optional Procedural Additions or Modifications

To reduce laboratory expenses, have students perform the GasPak procedure in groups of four students. Two groups may share a single GasPak.

Tips

- The GasPak jar not only provides excellent anaerobic conditions, but it also provides increased concentrations of CO₂ that can be used for enrichment alone.
- If time and equipment are available, some other methods (Figure 19.2) may be tried by the class or perhaps as a demonstration by the instructor.
- Fluid thioglycollate, dispensed in screw-cap culture tubes, must be freshly prepared to show a pink coloration in the upper third of the medium.

Additional Reading

- Donelli, G., Vuotto, C., Cardines, R., & Mastrantonio, P. (2012). Biofilm-growing intestinal anaerobic bacteria. *FEMS Immunology and Medical Microbiology*, 65(2):318–25, doi: 10.1111/j.1574-695X.2012.00962.x.

Answers to Review Questions

1. These media contain meat products that reduce the redox potential of the medium, thus establishing conditions that favor anaerobiosis.
2. In the GasPak system, the gas generator component serves to replace the oxygen in the vessel with hydrogen gas and carbon dioxide. The indicator strip is used to indicate the development of anaerobic conditions in the system.
3. Heroin is usually diluted with a redox reducing agent such as quinine. Upon injection, if a spore-laden needle misses the vein, leakage of the heroin into the tissues establishes a focal point for an infection such as tetanus by the spore-forming *Clostridium*.
4. The infections of concern are gas gangrene and tetanus, whose etiological agents are spore forms that are present in the upper layers of the soil. The deep puncture wound caused by the tine would result in conditions favorable for spore germination. The absolute anaerobic condition is generated by the elimination of oxygen from the deep wound by aerobic and facultatively anaerobic contaminants. In addition, the breakdown of dead tissues provides the essential nutritional source for rapid germination.
5. A drain is inserted into a deep puncture wound to ensure that healing occurs from the depth of the wound outwards. Also, the drain provides an outlet for the passage of dead tissue debris, a contributory factor in spore germination, and it serves as an inlet for oxygenation of the infected area.

EXPERIMENT 20

Serial Dilution–Agar Plate Procedure to Quantitate Viable Cells

The purpose of this experiment is to allow students to count the number of viable cells in a culture. As part of this procedure, students will be introduced to two new methodologies, namely the pour-plate preparation and pipetting techniques that are essential for the serial dilution of cultures.

Materials

Culture

- 24- to 48-hour nutrient broth culture of *E. coli*

Media

	Per Lab Group	Per Class
20-ml nutrient agar deep tubes	6	
9-ml sterile water blanks	7	

Equipment

	Per Lab Group	Per Class
Hot plate	1	
Waterbath	1	
Thermometer	1	
Test tube rack	1	
Bunsen burner	1	
Mechanical pipetting device	1	
Sterile Petri dishes	6	
Quebec [®] colony counter and manual hand counter	1	
Disinfectant solution	as needed	
500-ml beaker	1	
Glassware marking pencil	1	

EXPERIMENT 21

The Bacterial Growth Curve

The primary purpose of this experiment is to help students to visualize the exponential growth dynamics of microorganisms in culture. Toward this end, students will use two parameters to measure growth. The indirect method employs spectrophotometric absorbance (A) readings, while the direct method uses the serial dilution–agar plate method for the determination of viable cell counts. The graphic representation of the growth curve, using data from both the indirect and direct methods, will illustrate the major growth phases of the culture and will allow for the determination, by extrapolation, of the generation time (T1/2) for the culture.

Materials

Cultures

- 5- to 10-hour (log phase) brain heart infusion broth culture of *E. coli* with an A of 0.08–0.1 at 600 nm

Media

	Per Lab Group	Per Class
100-ml brain heart infusion in 250-ml Erlenmeyer flask	1	
99-ml sterile water blanks	18	
100-ml bottles of nutrient agar	4	

Equipment

	Per Lab Group	Per Class
37°C waterbath shaker incubator	1	
Spectrophotometer*	1	
13- × 100 mm test tubes (cuvettes)	1	
Quebec colony counter	1	
Sterile Petri dishes	24	
1-ml sterile pipettes	18	
10-ml sterile pipettes	6	
Mechanical pipetting device	1	
Glassware marking pencil	1	
1000-ml beaker	1	
Bunsen burner	1	

*Bausch and Lomb, Spectronic 20

Extracellular Enzymatic Activities of Microorganisms

The identification of microorganisms in both the academic and clinical settings is dependent upon the detection of specific enzymes that produce biochemical transformations of substrates exogenously or endogenously. In this experiment, extracellular enzymatic activities will be studied. These exoenzymes hydrolyze environmental macromolecules into their basic building blocks for their transport into the cell. Within the cell, these serve as metabolites for endoenzymatic activities. The presence of a specific exoenzyme is determined by the absence of its macromolecular substrate in the environment (medium) following the growth of the culture.

Materials

Cultures

Short Version: 24- to 48-hour TSB cultures of:

- *E. coli*
- *B. cereus*
- *P. aeruginosa*
- *S. aureus*

Long Version: 24- to 48-hour brain heart infusion broth cultures of:

- *A. faecalis*
- *B. cereus*
- *C. xerosis*
- *E. aerogenes*
- *E. coli*
- *K. pneumoniae*
- *L. lactis*
- *M. luteus*
- *P. vulgaris*
- *P. aeruginosa*
- *S. typhimurium*
- *S. dysenteriae*
- *S. aureus*

Media

Short Version	Per Lab Group	Per Class
Starch agar plate	2	
Tributyryn agar plate	2	
Milk agar plate	2	
Nutrient gelatin deep tubes	4	

Long Version	Per Lab Group	Per Class
Starch agar plate	4	
Tributyryn agar plate	4	
Milk agar plate	4	
Nutrient gelatin deep tubes	13	

Reagent

- Gram’s iodine solution

Carbohydrate Fermentation

Carbohydrates serve as the major intracellular substrates for the production of cellular energy. Thus, one group of endoenzymes, the carbohydrases, is responsible for sustaining the bioenergetic activities in most microbes. The purpose of this experiment is twofold. First, it helps students ascertain the ability of a microorganism to utilize carbohydrates as a principal energy source. Second, it enables them to determine which specific carbohydrates can be metabolized by a microorganism; this is dependent upon the presence of complementary intracellular carbohydrases.

Experimentally, carbohydrate utilization can be used as a parameter for the identification of microorganisms. This is accomplished by the action of a specific carbohydrase on the carbohydrate substrate with the production of a metabolic waste product that is then detectable in the medium.

Materials

Cultures

Short Version: 24- to 48-hour TSB cultures of:

- *E. coli*
- *A. faecalis*
- *S. typhimurium*
- *S. aureus*

Long Version: 24- to 48-hour TSB cultures of:

- *A. faecalis*
- *B. cereus*
- *C. xerosis*
- *E. aerogenes*
- *E. coli*
- *K. pneumoniae*
- *L. lactis*
- *M. luteus*
- *P. vulgaris*
- *P. aeruginosa*
- *S. typhimurium*
- *S. dysenteriae*
- *S. aureus*

Media

Short Version	Per Lab Group	Per Class
Phenol red lactose broth	5	
Phenol red dextrose broth	5	
Phenol red sucrose broth	5	

Long Version	Per Lab Group	Per Class
Phenol red lactose broth	14	
Phenol red dextrose broth	14	
Phenol red sucrose broth	14	

Equipment

	Per Lab Group	Per Class
Bunsen burner	1	
Inoculating loop	1	
Glassware marking pencil	1	

5. a. This is a disorder that affects the way the body metabolizes certain amino acids found in proteins, mainly leucine, isoleucine, and valine. These amino acids accumulate in the bloodstream and interfere with brain function. There is an autosomal genetic basis for this disease. It occurs in newborns, accompanied by lethargy,

convulsions, and, if not treated, death within the first few days of life. The sweet burnt sugar (maple syrup) smell in the urine is responsible for its name.

- b. The disease is treated through strict dietary restriction of branched amino acids throughout the lifetime of the affected individual.

